



# GRIN (Group and Individual) Intervention Training (ICISF) - 3 days

## PEER SUPPORT FOUNDATION

**DATES:** Sept. 30—Oct 2, 2024      0800-1600 HOURS  
**LOCATION:** Council Bluffs Police Department  
 1 Ezra Jackson Wy, Council Bluffs, IA 51503  
**COST:** \$375 per person (includes course materials)

To REGISTER contact: [PeerSupportFoundation.org](http://PeerSupportFoundation.org)

### WHO SHOULD ATTEND:

- Police, Fire, EMS
- Business & Industry Crisis Intervention
- Disaster Response
- Education
- Employee Assistance
- Healthcare
- Homeland Security
- Mental Health
- Military
- Peer Support Personnel

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, this course will prepare participants to understand a wide range of crisis intervention services for both the individual and for groups. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

### Program Highlights

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Relevant research findings
- Large group crisis interventions
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Critical Incident Stress Debriefing (CISD)

*Upon completion of this course, attendees will receive a certificate from the International Critical Incident Stress Foundation in the courses of Group Crisis Intervention and Assisting Individuals in Crisis (27 hours).*



Hosted by the  
 Council Bluffs Police  
 Department



### INSTRUCTOR:

**JEREMY SPRAGUE**  
 Executive Director  
 Peer Support Foundation  
 ICISF APPROVED INSTRUCTOR

### Questions? Contact:

Peer Support Foundation  
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 515-978-1078